

# NOVATO UNIFIED SCHOOL DISTRICT

## **ATHLETIC RELEASE FORM**

**MUST BE COMPLETED BY PARENT OR GUARDIAN AFTER JULY 1ST**

School:		Sport(s):	
Student Name:		Grade:	Date of Birth:
Address:		City:	State:      Zip:
Is student covered by health insurance?	YES      NO	Health Insurance Provider:	Policy Number:
<i>Proof of health insurance attached (required)</i>	YES      NO	Parent/Guardian Home Phone:	Parent/Guardian Work Phone:

**EMERGENCY CONTACTS:** Authorized adults who can be contacted in case of student illness, injury or emergency.

Name:	Relation:	Phone:
Name:	Relation:	Phone:
Physician Name:	Phone:	
Dentist Name:	Phone:	

Does your student require medication while at school?      YES      NO

If yes, an "Authorization for Administration of Medication" form is recommended (NUSD policy #5141.21). You can obtain this form from the school office.

**EMERGENCY PROCEDURE APPROVAL:**

When I cannot be contacted, I authorize the principal or designee to act on my behalf in the event of illness or accident, and to arrange for examination, diagnosis or emergency treatment. I understand that I am responsible for all expenses and that accident insurance is not provided by the District.<sup>1</sup>

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

**ATHLETES MAY NOT PARTICIPATE IN ANY CONTEST UNTIL THIS DOCUMENT IS SIGNED AND FILED WITH THE SCHOOL**

**MEDICAL INFORMATION MUST BE COMPLETED BY A PHYSICIAN**

I hereby certify that I examined (student) \_\_\_\_\_ on (date) \_\_\_\_\_  
and he/she is physically fit to engage in athletics.

If the student has any injuries, physical conditions, and/or allergies that should be watched, please list them and describe actions that should be taken: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Physician Name:

Physician Address (Street / City / State / Zip):

Physician's Signature:

Physician Phone:

X

\_\_\_\_\_  
SCHOOL\_\_\_\_\_  
STUDENT NAME (please print)\_\_\_\_\_  
GRADE & SPORT**ATHLETIC CONTRACT & SPORTSMANSHIP CODE**Please sign and return to your coach BEFORE practice begins

Dear Parent or Guardian:

In order to participate on an athletic team it is necessary for the player and the parent to read this form, sign it, and return it to the coach.

Your son/daughter is now a member of an athletic team. As a member of an athletic team, he/she enjoys certain privileges and experiences that are not usually available to other students of the school. Among these are specialized instructions and training, travel, interscholastic competition and many other benefits afforded to high school athletes. As an athlete, he/she has a position of honor and respect both in the school and the community. To uphold this position, he/she must maintain the standards of an athlete set forth by this contract and school.

Violations of this athletic contract will result in parents/guardians being notified and disciplinary action by the school; if desired, the parent can request a conference. The athlete will be held accountable for all school and district rules and policies pertaining to student conduct.

**SPORTSMANSHIP CODE:**

1. Athletes are expected to show the highest standard of sportsmanship during competition. Improper athlete behavior includes:
  - a. Disrespectfully addressing an official
  - b. Disrespectfully addressing an opponent
  - c. Indicating objection to an official's decision by words, gestures or charging onto the playing field/court
  - d. Doing anything that might incite undesirable crowd reactions
2. Athletes are to share in the responsibility for the conduct of their teammates and supporters.
3. An athlete must accept the decision of an official. Any question regarding a call is to be directed to the official by the coach or team captain.

**SPECTATORS:**

1. Spectators are required to maintain a high degree of sportsmanship during athletic contests.
2. Spectators must remain in the designated seating areas while a contest is in progress.
3. No spectator is allowed to confront an official, coach or player before, during or after an athletic contest.

**EJECTION POLICY: \***

The following rules and minimum penalties are applicable to player (and coaches) as adopted by the NCS Board of Managers. This policy is in effect for all (league, non-league, invitational tournaments/events, post-season league, and section or state playoffs, etc.)

1. Ejection of a player and/or coach from a contest for unsportsmanlike or dangerous conduct.  
**PENALTY:** The player and/or coach shall be ineligible for the next contest (non-league, league, invitational tournaments/events, post-season league, and section or state playoffs) and **may not** be at the site or in the vicinity of the next game.
2. Illegal participation in the next contest by a player or coach ejected in a previous contest.  
**PENALTY:** The contest shall be forfeited and the ineligible player and/or coach shall be ineligible for the next contest.
3. Second ejection of a player for sportsmanlike or dangerous conduct from a contest during one season.  
**PENALTY:** The player and/or coach shall be ineligible for the remainder of the season.
4. When one or more players and/or coach leave the bench or dugout, etc. to begin or participate in an altercation.  
**PENALTY:** The player(s) and/or coach shall be ejected from the contest and become ineligible for the next contest (non-league, league, invitational tournaments/events, post-season league, and section or state playoffs).
5. Schools may apply other appropriate disciplinary consequences as deemed necessary.
6. Player(s) ejected are barred from dressing down in the next game and are not to be on the bench in civilian clothes.
7. Appeal process follows NCS procedure.

\* In the case of an under class student-athletic, last season contest, this policy applies to the next season. In the case of a senior student-athlete, it would apply to the next season of sport if applicable.

\_\_\_\_\_  
SCHOOL\_\_\_\_\_  
STUDENT NAME (please print)\_\_\_\_\_  
GRADE & SPORT**TRANSPORTATION:**

I understand and acknowledge that I will be responsible for my child's transportation as outlined in Board Policy 3541.1, Athletic Transportation.

**BEHAVIOR:**

Theft, vandalism, assault, intimidation, fighting, persistent and serious classroom disruption may result in suspension from school. The student will be removed from the team during the time of the suspension. Suspension could mean dismissal from an athletic team for the remainder of the season. A suspended student may not practice or participate in any athletic event during this period. (Unacceptable displays of conduct as a spectator at a school event may result in suspension from school.)

**SCHOOL/TEAM ATTENDANCE:**

Students are required to regularly attend school. Students are required to attend classes (a minimum of four periods) the day of a game. If the game is on a Saturday, attendance is required on the preceding Friday. Any questions regarding attendance must be addressed to the school administration prior to absence. Punctual, regular attendance at practices and contests is required, unless prior permission from the coach.

**ACADEMIC ELIGIBILITY:**

All students participating in athletics shall demonstrate satisfactory minimum progress in meeting the requirements for graduation by undertaking the prescribed course of study and meeting the standards of proficiency established by the District. (Policy 6145)

In order to be eligible for participation in athletics, a student shall have earned a minimum 2.0 or "C" grade point average during the previous grading period with no more than one "F" grade. One quarter probation (below 2.0 G.P.A.) during a student's four-year high school athletic career may be granted at the discretion of the school administration. Eighth grade final semester grades are used to determine freshman eligibility. Probation is not granted to freshmen. If an "F" grade would prevent the student from maintaining minimum progress toward meeting graduation requirements prescribed by the Board, the student shall not be deemed to meet the eligibility requirements.

**ELIGIBILITY:**

A student who is 19 years of age before September 1 is ineligible for an athletic team.

**POSSESSION AND USE OF ALCOHOL, TOBACCO AND OTHER DRUGS:**

When any student uses, possesses or sells alcohol or illegal drugs at school or while under school jurisdiction, the student will be disciplined in accordance with Board Policy 5144.1 and State and Federal Law. Students shall be excluded from all extracurricular activities and participation in school events outside of the school day that are not computed as part of a student's grade in a course in all of the above cases for a period of forty (40) school days. School days shall be defined as days that occur during the regular school year (180 days). Summer school days or days when school is not in session do not count for this purpose.

**SCHOOL EQUIPMENT/UNIFORMS:**

School equipment and uniforms will be checked out to the athlete and then become the athlete's responsibility for the season. All equipment and uniforms should be kept in good condition; any loss or damage will be the player's responsibility. All charges for stolen, missing or damaged equipment must be paid before the athlete can participate in any other sport or before receiving a graduation diploma.

**MEDICAL EXAMINATION:**

The athlete is required annually to have a signed medical clearance form for the athletic participation based on a physical examination dated **AFTER** July 1<sup>st</sup>. All physical limitations must be reported to the coaches. All previous injuries (sprained ankles, broken bones, etc.) should be reported to the coach.

**INSURANCE/MEDICAL INFORMATION:**

All athletes are required to have medical insurance in case of any injury. All information on the medical form (provided) must be filled out and the form signed; otherwise, the student will be ineligible to participate.

**CONTRACT VIOLATION:**

The coach has the authority to rule on violations of this athletic contract and specific team rules.

\_\_\_\_\_  
SCHOOL

\_\_\_\_\_  
STUDENT NAME (please print)

\_\_\_\_\_  
GRADE & SPORT

**WAIVER OF LIABILITY NOTICE**

ATHLETICS, BY THEIR VERY NATURE, POSE A RISK OF A PARTICIPANT BEING SERIOUSLY INJURED. INJURIES COULD INCLUDE, BUT ARE NOT LIMITED TO, FRACTURES, UNCONSCIOUSNESS, PARALYSIS, DISFIGUREMENT, HEAD INJURIES, AND POSSIBLY DEATH. ALL ATHLETIC PARTICIPANTS ACKNOWLEDGE AND UNDERSTAND THAT PARTICIPATION IS VOLUNTARY AND NOT REQUIRED BY THE SCHOOL OR DISTRICT.

- I UNDERSTAND AND ACKNOWLEDGE THAT I WILL BE RESPONSIBLE FOR MY SON'S/DAUGHTER'S TRANSPORTATION TO AND FROM ALL ATHLETIC EVENTS.
- I HAVE READ AND UNDERSTAND ATHLETIC CONTRACT AND THE NOVATO UNIFIED SCHOOL DISTRICT'S ATHLETIC POLICIES AND REGULATIONS REFERENCED IN THE ATHLETIC CONTRACT.
- I HAVE READ AND UNDERSTAND THE RULES AND REGULATIONS OF THE OF THE EJECTION POLICY.

\_\_\_\_\_  
Signature of Athlete

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

**CONDITION OF PARTICIPATION FOR STUDENT-ATHLETES**

As a condition of membership in the CIF, all schools shall adopt policies prohibiting the use and abuse of androgenic/anabolic steroids. All member schools shall have participating students and their parents/guardians agree that the athlete will not use steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition (Bylaw 524).

By signing below, both the participating student-athlete and parent/guardian hereby agree that the student shall not use androgenic/anabolic steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition. We also recognize that under CIF bylaw 200.d, there could be penalties for false or fraudulent information. We also understand that the Novato Unified School District policy regarding the use of illegal drugs will be enforced for any violations of these rules.

\_\_\_\_\_  
Signature of Athlete

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

**EDUCATION CODE §32221.5 REQUIRED NOTICE**

Under state law, school districts are required to ensure that all members of school athletic teams have accidental injury insurance that covers medical and hospital expenses. This insurance requirement can be met by the school district offering insurance or other health benefits that cover medical and hospital expenses.

Some pupils may qualify to enroll in no-cost or low-cost local, state, or federally sponsored health insurance programs. Information about these programs may be obtained by calling [1-800-880-5305](tel:1-800-880-5305).

<sup>1</sup> **NOTE:** Education Code §32221 requires that athletic team insurance must be provided at the expense of the school district (1) ONLY in the event that a student does not otherwise have insurance or health benefits coverage, *AND* (2) ONLY if the student cannot afford such insurance or health benefits coverage. *If this is the case*, then the school district must pay for the insurance from district or student body funds.

**If NUSD is asked to pay for Student Accident Insurance – ability to pay will be assessed by the same limits used for free/reduced lunch and transportation passes - PROOF OF INCOME REQUIRED.**